



Information Pack – 2017-2018 Season

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Welcome to the world of competitive cheerleading.
Welcome to Ultimate Cheer All-Stars !

Competitive cheerleading is a great way to gain valuable life experience, contributing to the development of athletes both in the sport and in everyday life.

At Ultimate Cheer All-Stars, we want to promote the values that are so important to this sport: tolerance, self-confidence building, personal and social growth, all the while creating fun and entertaining practices for everyone.

We can't wait for this new season to start, but in the meantime you will find all the information you need here in this pack.

We hope you will decide to join us for an amazing 2017-2018 season!

What you will find in this pack :

- 1- What is competitive cheerleading
- 2- Ultimate Cheer All-Stars
- 3- Team placement
- 4- Practices
- 5- Costs
- 6- Registration information

Find us on social media:

Webpage: www.ultimatecheer.jimdo.com

Email : contact.ultimatecheer@gmail.com

Facebook: Ultimate Cheer All-Stars

Instagram : ultimatecheerbruxelles

1- Competitive Cheerleading

Competitive cheerleading is a sport combining tumbling, stunts, pyramids, dance,...All thrown together for an intense 2min30 routine performed to music.

It is a team sport that is very popular in the USA, but that has been growing rapidly in Europe over the last couple of years.

Teams can either be all girls or co-ed. There are different levels depending on the age and skill level of athletes.

There are also different types of competitions, regional, national and even international, where teams from all over the world compete against each other.

2- Ultimate Cheer All-Stars

UCA was launched in 2016 by two former French cheerleaders living in Belgium. We are very proud to have welcomed 25 athletes for our first season!

Our gym is committed to ensuring that each athlete, starting from age 7, can evolve in a structured environment, promoting values such as discipline, teamwork and perseverance.

At UCA you will find a team of international coaches, with many qualifications as well as national and international titles, who have a real passion for the sport and who stand ready to use their skills and knowledge of the sport to help athletes reach their goals.

Everyone is welcome, boys and girls, beginners and elite athletes, with or without previous cheerleading experience!

Here is what we have in stores for the 2017-2018 season:

- We welcome athletes from age 8 (girls and boys)
- We have a different practice venue
- We will focus more on the competitive side
- We will continue to train our coaches
- We will organise a cheer camp with some renowned international coaches
- We will celebrate our athletes' birthdays
- We remain affiliated to the BCF (Belgian Cheerleading Federation) and the ICU (International Cheer Union)

3- Team Placement

Division	Age	Number	Level
Junior	8 to 14	8 to 25 athletes	1
Senior	14 +	8 to 25 athletes	2 or 3

The different team divisions and their composition are set out by the International Cheerleading Union.

Athletes join teams according to their age and skill level.

We offer every athlete a spot on one of our teams!!

A spot on one of our teams does not guarantee being part of the competition teams. Coaches will decide on the competition teams' compositions based on attendance, motivation, level and involvement of athletes.

4- Practices

UCA teams will practice at the Centre Sportif de la Forêt de Soignes, Chaussée de Wavre 2057, 1160 Auderghem.





<https://www.foretdesoignessport.be/plan-dacces/>

Here are the 2017- 2018 season's practice times:

Division	Times
Junior	Sunday from 9h00 to 11h00
Senior	Sunday from 9h00 to 12h00

Each athlete will receive a practice outfit (Sports Bra/Tank top + shorts/leggings + bows for girls) at the beginning of the year. It has to be worn to all UCA practices.

Athletes must also wear appropriate white trainers with flat soles, used for cheerleading only, to all UCA practice.

4- Competitions

We are planning on taking part in 2 or 3 competitions for the 2017-2018 season. We do not have all the official dates yet, but here are some competitions that we are thinking of doing :

- BKCheer 2018 – Belgian National Competition– Mechelen – May 2018
- Open SACD –International Competition – Lyon – May 2018
- Cheer for Me – International Competition – Paris – June 2018
- Jamfest Europe – International Competition – Liverpool – June 2018

5- Costs

Here are the registration fees for the 2017-2018 season:

Division	Cost
Junior	300 €/ Year
Senior	330 €/ Year

Fees include:

- Renting gym + equipment
- Belgian Cheerleading Federation Licence
- Insurance
- Competition fees
- Practice wear
- Competition music

Payment can be made in one instalment at the beginning of the season or in three instalments.

A 10% discount is offered for the registration fees of the second child of a family, and 5% from the third.

Here is the Payment breakdown table:

Date	Cost Juniors (1 payment)	Cost Juniors (3 payments)	Cost Seniors (1 payment)	Cost Seniors (3 payments)	Additional Costs
October	300 €	100 €	330 €	110 €	
November	/	100 €	/	110 €	
December	/	100 €	/	110 €	
January	/	/	/	/	
February	/	/	/	/	Travel fees for competitions

Please note that travel fees for competitions outside of Brussels are extra and will have to be paid by athletes (≈200 €). Please note that these additional costs are indicative and subject to change.

All payments have to be done by bank transfer.

UCA will not accept any payment in cash.

Payments can be made by bank transfer on UCA's bank account:

Account n°	BE21 3630 4989 3103
Name	Ultimate Cheer All-Stars ASBL
Address	Avenue du Yorkshire 9/6 1200 Woluwe-Saint-Lambert

UCA is committed to making sure that costs don't prevent athletes from taking part in our practices and competitions and will therefore organise fundraising events throughout the year to lower the financial burden on our athletes' families.

6-Registration Information

- ★ It is very simple to register and start this adventure with us. All you have to do is download the English version of the pre-registration form on our Internet website (www.ultimatecheer.jimdo.com) fill it out and send it back to us, either by postal mail or email.
- ★ The registration will only be finalised when the first payment has been received (either the first instalment or the total amount for the registration fees).
- ★ Practices will start on Sunday the 10th of September 2017.
- ★ You are invited to attend an information session on Sunday, 10th of September at 9am (in the practice gym) during which we will talk about the program and the year ahead.
- ★ If an athlete wishes to quit, UCA will reimburse the registration fee, minus 75€ (cost of the licence, insurance and practice wear already incurred) if the athlete sends a written request before the end of October.

